

Enhancements to the AMO Pension Plan and Money Purchase Benefit (MPB)

The Board of Trustees continues to review and monitor the benefits provided to participants under the various AMO Plans. Based on the most recent information, the Board of Trustees of the AMO Pension Plan has determined that the outlook in the Pension Plan and MPB is positive and therefore, are pleased to announce the following enhanced benefit provisions:

Computation of Pension Pay

Effective January 1, 2007 for Deep Sea participants retiring with a Pension effective date on or after January 1, 2007, the base monthly wages used in calculating your AMO Pension benefit will be the base wages earned but not to exceed the base wages in effect as of January 1, 2006. (Deep Sea participants retiring with an effective date prior to January 1, 2007 will be governed by the Rules and Regulation in effect at the time of retirement). Base wages are determined under the terms of the applicable Collective Bargaining Agreement.

Immediate Vesting of MPB

The Plan Rules have been amended to provide immediate vesting in the MPB for all active AMO participants who have worked one day of covered employment on or after January 1, 2006. (This enhanced benefit replaces the previous 5 years of service vesting requirement).

Investment of your MPB Account

All participants in the MPB will now be able to direct how their MPB account is to be invested. If you are not currently self-directing the investment of your MPB account (or 401(k) account), you may call (800) 348-6515 Ext. 14 to have an investment kit mailed to your home address. Investment kits include a summary fact sheet for each mutual fund available in both the 401(k) Plan and MPB. These fact sheets are also available online. If you do not choose to elect any of the investment options available, your balance will remain invested in the MetLife Stable Value Fund and earn a fixed rate of return.

Enhanced Access to your MPB Account

You will now have access to your MPB account information online, through an automated telephone system, or by speaking with a client services representative. You may check your balance or move your balance from the Met Life Stable Value Fund into any of the investment options currently available for the investment of the MPB.

MPB Quarterly Statements



Beginning in October, 2006, you will receive a quarterly statement from The Newport Group, which acquired Ceridian in July, 2006. This statement will provide detailed information regarding your MPB balance, contribution details and your investment allocation.

MetLife Stable Value Fund

MPB account balances that were invested in the pooled account have been transferred to Smith Barney/Ceridian (now Newport Group) for investment in the MetLife Stable Value Fund to provide a greater rate of return on your investment. This change from the managed pooled

account by TCW to the MetLife Stable Value Fund allows for an equally conservative type of investment with no investment management fee. Your income earned in past years at TCW had been reduced by management fees charged by TCW. The MetLife Stable Value Fund offers participants a single fixed rate of return. Its objective is to protect principal and offer fixed returns that compare favorably with the yields on intermediate-term fixed income securities. The Stable Value Fund may be appropriate for investors seeking preservation of principal, as well as other investors looking to construct a well-diversified retirement savings program. The Stable Value Fund combines the benefits of professional investment management with a guarantee of principal and interest from MetLife. Principal and interest are backed by the full faith and credit of the Metropolitan Life Insurance Company, one of the world's largest and most respected financial services companies. The Stable Value Fund credited rate is 4.60% through 09/30/06. This rate is reset on a quarterly basis to capture maximum yields generated by current market environments.

The benefits provided to you as a participant under the AMO Pension Plan, including the MPB, are often not thought about until you start to consider possible retirement. Whether you are just starting as a maritime officer or you have established a long running career with signatory employers covered under the AMO Plans, it is important for you to understand the valuable benefits provided as a participant of the AMO Plans. Should you have any questions regarding your Pension Benefits and MPB, or any of your benefits under the AMO Plans, please contact the Plan office at (800) 348-6515 or by e-mail at amopension@amoplans.com.