

**NOTICE REGARDING THE AMERICAN MARITIME OFFICERS PENSION PLAN
PENSIONER RETURN TO WORK PROCEDURES
FOR TAGOS AND TAGOR VESSELS**

Previously under the Rules and Regulations of the American Maritime Officers Pension Plan (the "Plan") if a Pensioner wished to return to Covered Employment solely as a deck or engineering officer on "TAGOS" or "TAGOR" vessels under contract with the Union, written permission was automatically granted with no loss or suspension of benefits provided that the Pensioner gave the Plan office written notification of his or her intent to engage in such employment.

The Rules and Regulations also provided that the Trustees are to periodically review the employment situation on the "TAGOS" and "TAGOR" contracted vessels to determine whether to continue to provide the automatic written permission based on the availability of officers to fill the positions.

Based on the Trustees review of the employment situation, there is no longer a severe shortage of officers available to work aboard these vessels. Therefore, effective February 1, 2010, in order to return to Covered Employment on "TAGOS" or "TAGOR" vessels with no loss or suspension of benefits, in accordance with the Plan's return to work procedures, a Pensioner must apply for and receive written permission from the Trustees. A written request must be submitted to the Trustees providing the name of the vessel, the Pensioner's rating, and the duration of the assignment. The Trustee's decision on whether the Pensioner may return to work with no loss or suspension of benefits is based on the Rules and Regulations of the Plan, the current supply of AMO deck and/or engineering officers, and the circumstances of the Pensioner's request.